



maryvale  
private  
hospital

# Your Health Our Priority

Your local private hospital catering for insured and self funded patients. See our website for more details and self funded fixed pricing.

At Maryvale Private Hospital, we believe that exceptional care goes beyond medical skill. Our core values guide us in every action, ensuring a holistic and compassionate approach to healthcare.

*Kindness | Collaboration | Excellence*

## Our Services

- Women's Health
- Surgery
- Medical & Palliative Care
- Men's Health
- Weight Loss Surgery



[www.maryvaleph.com.au](http://www.maryvaleph.com.au)  
286 Maryvale Road, Morwell

**Phone** (03) 5132 1200  
**Consulting** (03) 5132 1289  
**Email** [enquiry@maryvaleph.com.au](mailto:enquiry@maryvaleph.com.au)



# Doctor Highlight

## Dr Ponnaren (Pon) Pak Orthopaedic Surgeon

MBBS, Dip Surg Anat, FRACS (Orth),  
FAOrthA



Dr Ponnaren (Pon) Pak is part of our Surgery services, a highly trained Orthopaedic surgeon. He obtained his medical degree from The University of Melbourne and undertook advanced Orthopaedic training in Melbourne and Sydney. He is a recognised fellow of the Australian Orthopaedic Association and the Royal Australasian College of Surgeons. Dr Pak has undergone post fellowship subspecialty training in shoulder and upper limb surgery as well as knee arthroplasty and Orthopaedic sports medicine.

Dr Pak is active in Orthopaedic research with ongoing research activity in shoulder arthroplasty. He has multiple publications in peer reviewed journals and has presented at national and international Orthopaedic conferences.

## Achievements

- Advanced training in Orthopaedic surgery. The Royal Australasian College of Surgeons
- Post Graduate Diploma in Surgical Anatomy, The University of Melbourne
- Surgical Residency, The Royal Melbourne Hospital



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## For Referrers

Scan the QR code for  
referral information  
[www.maryvaleph.com.au](http://www.maryvaleph.com.au)

Dr Pak provides a high level of sub-specialisation within the field of Orthopaedic surgery. He is able to provide a comprehensive and up to date service in the following areas:

- Shoulder arthroplasty (anatomical, reverse and revision)
- Complex open shoulder reconstructions (open stabilisations, fracture repair and tendon transfers)
- Arthroscopic shoulder surgery (including all arthroscopic rotator cuff repair and stabilisations)
- Open and arthroscopic elbow surgery
- Open and endoscopic wrist and hand surgery
- Hip and knee arthroplasty (primary and revision surgery)
- Open and arthroscopic knee reconstructions

Dr Pak prides himself on utilising up to date surgical techniques including minimally invasive surgery with the benefit of optimised outcomes and early recovery.

Dr Pak is happy to manage TAC and Workcover patients. He is an accredited Orthopaedic assessor for TAC and Workcover.

**To book a consultation with Dr Pak,  
please contact Orthopaedic Surgery Centre:**

**Phone** (03) 9337 2775

**Fax** (03) 9337 7858

**Email** [admin@essendonortho.com](mailto:admin@essendonortho.com)

**Admitting Rights** — Doctors seeking accreditation at Maryvale Private Hospital should visit the Credentialing page or contact the Executive Office on (03) 5132 1201