



maryvale  
private  
hospital

# Your Health Our Priority

Your local private hospital catering for insured and self funded patients. See our website for more details and self funded fixed pricing.

At Maryvale Private Hospital, we believe that exceptional care goes beyond medical skill. Our core values guide us in every action, ensuring a holistic and compassionate approach to healthcare.

*Kindness | Collaboration | Excellence*

## Our Services

- Women's Health
- Surgery
- Medical & Palliative Care
- Men's Health
- Weight Loss Surgery



[www.maryvaleph.com.au](http://www.maryvaleph.com.au)  
286 Maryvale Road, Morwell

**Phone** (03) 5132 1200  
**Consulting** (03) 5132 1289  
**Email** [enquiry@maryvaleph.com.au](mailto:enquiry@maryvaleph.com.au)



# Doctor Highlight

## Dr John Politis Lung and Sleep Physician



Dr John Politis is part of our Medical services, a specialist in lung diseases and sleep disorders. He first completed a Bachelor of Biomedicine from the University of Melbourne in 2010, then subsequently graduated from medical school with a Doctor of Medicine at the University of Melbourne in 2014.

John completed his Advanced Training in Respiratory and Sleep Medicine through Monash Health and St Vincent's Hospital Melbourne, obtaining his Fellowship of the Royal Australasian College of Physicians in 2022.

He is active in medical research and is currently undertaking a PhD through Monash University in the area of severe asthma. John has special interests in asthma, COPD, sleep disorders and investigation of lung lesions.

In addition to working at Lung and Sleep in Bentleigh and consulting at Maryvale Private Hospital, John also works at Monash Health where he sees patients in his public clinic at Monash Medical Centre. If your care requires additional services offered through the public system, he can arrange this for you.

John is passionate about educating his patients about their lung and sleep conditions so they feel empowered and confident in managing their own health.

Outside of work, John is an avid basketball fan and spends most of his spare time going on adventures with his wife and twin boys.

## Achievements

- Completed medical school at the University of Melbourne.
- Completed advanced training in Respiratory and Sleep through Monash Health and St Vincent's Hospital Melbourne.
- Obtained Fellowship of the Royal Australasian College of Physicians.



## Specialties

- Asthma
- COPD
- Sleep disorders
- Investigation of lung lesions

**To book a consultation with Dr. Politis, please contact Lung and Sleep:**

**Phone** (03) 9570 3893

**Fax** (03) 9570 9597

**Email** [info@lungandsleep.com.au](mailto:info@lungandsleep.com.au)

**Admitting Rights** — Doctors seeking accreditation at Maryvale Private Hospital should visit the Credentialing page or contact the Executive Office on (03) 5132 1201



## For Referrers

Scan the QR code for  
our Referral Letter  
[www.maryvaleph.com.au](http://www.maryvaleph.com.au)